
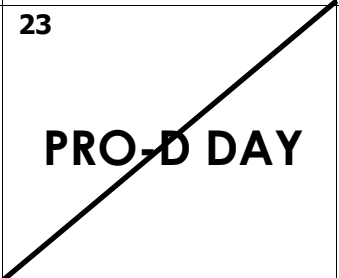


October 2020 Cold Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Mandarin Orange Hummus, pita, carrot sticks	2 Blueberry Nutri Grain Bar Open faced Turkey swiss melt	3
4	5 Summer berry & white chocolate loaf Roasted beef and Cheddar sandwich	6 Red apple Open faced Pizza bagel	7 Banana Italian meat and provolone rollups	8 Applesauce Open faced BBQ Chicken & pineapple pizza bagel	9 Rice krispie squares Noodle & fresh vegetable salad	10
11	12 	13 Red apple Open faced Pizza bagel	14 Banana Half bagel + cucumber + cream cheese	15 Mandarin Orange Open faced Turkey swiss melt	16 No nut granola bar Greek Pasta Salad w/ chicken souvlaki	17
18	19 Carrot cinnamon loaf Cheese & chicken Quesadilla	20 Red apple Open faced Pizza bagel	21 Banana Greek feta croissant turnover	22 Yogurt Open faced Philly Cheesesteak	23 	24
25	26 Oatmeal apple Cake bread Cheesy, roast vegetable quiche	27 Red apple Open faced Pizza bagel	28 Banana Chicken Caesar Wrap	29 Mandarin Orange Hummus, pita, carrot sticks	30 Blueberry Nutri Grain Bar Open faced Turkey swiss melt	31