


November 2020 Cold Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Summer berry & white chocolate loaf Roasted beef and Cheddar sandwich	3 Red apple Open faced Pizza bagel	4 Banana Italian meat and provolone rollups	5 Applesauce Open faced BBQ Chicken & pineapple pizza bagel	6 Rice krispie squares Noodle & fresh vegetable salad	7
8	9 Banana bread Healthy break (egg, cheese, crackers, veggies, apple)	10 Red apple Open faced Pizza bagel	11  Remembrance Day	12 Mandarin Orange Open faced Turkey swiss melt	13 No nut granola bar Greek Pasta Salad w/ chicken souvlaki	14
15	16 Carrot cinnamon loaf Cheese & chicken Quesadilla	17 Red apple Open faced Pizza bagel	18 Banana Greek feta croissant turnover	19 Yogurt Open faced Philly Cheesesteak	20 Pro-D Day	21
22	23 Oatmeal apple Cake bread Cheesy, roast vegetable quiche	24 Red apple Open faced Pizza bagel	25 Banana Chicken Caesar Wrap	26 Mandarin Orange Hummus, pita, carrot sticks	27 Blueberry Nutri Grain Bar Open faced Turkey swiss melt	28
29	30 Summer berry & white chocolate loaf Roasted beef and Cheddar sandwich					