

# THE QUADRA WEEKLY BRIEFING

Dear Quadra Community,

It has been another busy week of learning here at Quadra. Our teachers have been busy creating report cards and starting to wrap up the term for students. We were happy to see the sun on a number of occasions and hope that this pattern continues over next few days leading into Spring Break. With the sun comes the annual shedding of the jackets. This event occurs at recesses and results in jackets colourfully decorating our grounds. In order to reunite these jackets with their owners, we will be putting all lost and found outside the front of the school for your perusal next week. Please have a safe and healthy weekend!!

## **Looking Ahead:**

- **Mar. 11**
  - Report Cards Home
- **Mar. 12**
  - Spirit Day
  - Last day of school before Spring Break
- **Mar. 13-28**
  - Spring Break – No School
- **Mar. 29**
  - Classes resume

## **From Our School Library:**

Please see the following link for a message from our district eLibrary creators for parents ahead of Spring Break:

## **From Our Wonderful PAC:**

Save the dates:

April 6<sup>th</sup> – PAC Meeting

April 11th - bottle drive

April 13th @ 6:30pm - Online presentation for parents on the topic of anxiety, registration to open at the end of March, spaces limited.

June 11 - Quadra's Got Talent

Follow PAC activities through the newsletter (<https://vcpac.ca/quadralist>) and on Facebook (Families of École Quadra School), and join the conversations on Slack ([https://join.slack.com/t/evolequadraschoolpac/shared\\_invite/zt-n7l43z52-3DcVy\\_6OQLMP4G\\_Bg9RfPg](https://join.slack.com/t/evolequadraschoolpac/shared_invite/zt-n7l43z52-3DcVy_6OQLMP4G_Bg9RfPg)) and at the next PAC meeting on April 6th.

**School District 61 News:**



**This month's Snapshot is on Children and Anxiety**

**[Early Learning and Elementary - Children and Anxiety](#)**

Anxiety is one of the most common mental health concerns for children and adults,

affecting upwards of 20% of children and adolescents over their lifespan

Connor McCoy  
Principal