# October 2021 Menu

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | | | | | 1<br>Chicken nuggets with honey mustard sauce<br>Mandarin orange | 2 |
| 3 | 4<br>Macaroni and Cheese<br>Red Delicious Apple | 5<br>Chicken Caesar Wrap<br>Rice krispie square | 6<br>3 cheese perogies with sour cream<br>Banana | 7<br>Open faced pizza bagel<br>Pear | 8<br>Corn and black bean beef chili with sweet cornbread<br>Mandarin orange | 9 |
| 10 | 11<br> | 12<br>Roast Beef and Cheddar Kaiser<br>No Nut Granola Bar | 13<br>Chicken Burrito w/ Salsa<br>Banana | 14<br>Open faced pizza bagel<br>Pear | 15<br>Chicken nuggets with honey mustard sauce<br>Mandarin orange | 16 |
| 17 | 18<br>Macaroni and Cheese<br>Red Delicious Apple | 19<br>Chicken Caesar Wrap<br>Rice krispie square | 20<br>3 cheese perogies with sour cream<br>Banana | 21<br>Open faced pizza bagel<br>Pear | 22<br>PRO-D DAY | 23 |
| 24 | 25<br>Macaroni and Cheese<br>Red Delicious Apple | 26<br>Roast Beef and Cheddar Kaiser<br>No Nut Granola Bar | 27<br>Chicken Burrito w/ Salsa<br>Banana | 28<br>Open faced pizza bagel<br>Pear | 29<br>Chicken nuggets with honey mustard sauce<br>Mandarin orange | 30<br>31 |