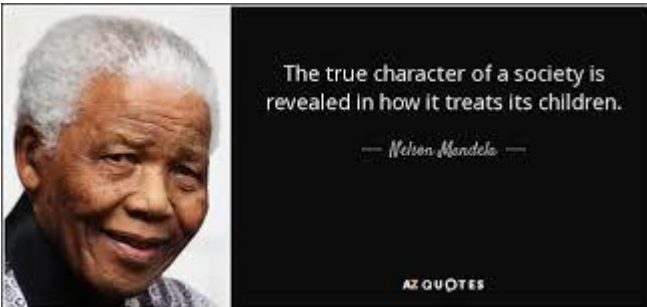


THE QUADRA WEEKLY BRIEFING

Dear Quadra Community,

Please remember that our Loonie Emporium will take place on December 13th and that you can donate gently used items on school days from Wednesday, December 8th through to Friday, December 10th from 8 am to 10 am and on both Saturday the 11th and Sunday the 12th between 10 am and 2 pm. We also want to remind folks that Susannah, our YFC, is collecting coats and boots for families in need.

Quote for the week:



Looking Ahead:

- **Dec 13**
 - Loonie Emporium
- **Dec 16**
 - Report Cards Home
- **Dec 17**
 - Quadra Spirit Day – PJ Day
 - Last Day of School Before Winter break
- **Jan 4**
 - Students Return to Classes
- **Jan 9**
 - PAC Bottle Drive

Important Message From the Quadra Music Room:

The Music Room is excited to be getting ready for our Winter Concert. This year, the concert will be a simple video recording that we will be sharing with Quadra Students and their families.

In order for children to be included in the Winter Concert recording all **parents must go into Parent Connect and choose consent in the "Personal Information - School and School District**

Media Consent" section. If you wish, you may withdraw consent at a later date. If completing this form online is difficult there are a small number of paper copies available in the music room and many have already gone home with students. Recordings begin on Monday. Please have forms in for Monday if your child sees Mrs. Pollet or Mme Meservia for music or on Wednesday if they see Ms. Xie.

If your child's class has fewer than half of the waivers returned, we will not be sending a video to parents as it is uncomfortable for the students in and out of the recording.

Please click here for information and instructions for Parent

Connect: <https://www.sd61.bc.ca/parent-student-resources/parent-connect/>

Please click here to set up an account or

login: <https://parentconnect.sd61.bc.ca/Identity/Account/Login?ReturnUrl=%2F>

Thank you for your support!

The Quadra Music Team

Emily Pollet, Angela Xie and Alexis Meservia

epollet@sd61.bc.ca, axie@sd61.bc.ca, ameservia@sd61.bc.ca

From Our Wonderful PAC:

There will be a Loonie Emporium Planning Meeting on Tuesday, Dec 7 @ 7pm. We will go over the plans for each part of the event and make sure all details are covered. It would be great to have as many volunteers attend as possible - those who have never experienced a Loonie Emporium can find out a lot from those who remember previous events. Please help us make this a fun and successful event in whatever way you can!

<https://alayacare.zoom.us/j/96579560613?pwd=bHJBT2Q5OEJOWG9ZTjVGcnp2MFBrUT09>

We are still in need of volunteers for the Loonie Emporium. Please take a look and use the sign-up sheets so we can track. All volunteers at the school are required to be double-vaccinated and shifts are in 2-hour increments. We request you look and see where you can help out, the more helping hands the lighter the workload for all and it will make for a resounding success for our students.

[Prep for Loonie Emporium](#) <----- Click here to sign up

Various tasks leading up to the event

[School-day Donation Collections](#) <----- Click here to sign up
December 8-10
8:50AM-9:10AM or 2:35PM-2:50PM

[Weekend Donation Drive](#) <----- Click here to sign up
December 11
10AM-12PM or 12PM-2PM

[Weekend Setup](#) <----- Click here to sign up
December 12
10AM-12PM, 12PM-2PM or 2PM-4PM

[Loonie Emporium Helpers](#)<----- Click here to sign up
December 13
9-11, 11-1, 1-3

We appreciate everyone taking the time to support the students when they can and look forward to an incredible fundraiser.
Your PAC Executive

From Our School District:

It is a priority for the Greater Victoria School District to communicate effectively to parents, students and community partners during inclement weather. With cooler temperatures in our forecast, the District would like to remind families of its inclement weather protocol and where to find information about the determination of school closures.

The District assesses weather conditions on a daily basis and puts every effort into making a determination by 6:30 a.m. of whether or not schools will remain open. The status of schools and transportation is then provided to local media and communicated to our community.

Inclement Weather Updates are provided through the following:

- School District website: www.sd61.bc.ca
- Local media outlets
- Social media channels
 - Twitter: [@sd61schools](https://twitter.com/sd61schools)
 - Facebook: [@sd61schools](https://www.facebook.com/GreaterVictoriaSchoolDistrict)
 - Instagram: [@sd61schools](https://www.instagram.com/sd61schools)

The District is regularly monitoring local weather conditions and Environment Canada's forecast, and will continue to do so over the weekend. Please stay connected with us for regular updates.

The Greater Victoria Region is broad and we understand that some areas may be more difficult to travel than others. It's always a parent's decision if you choose to keep your child home due to road conditions.

For more information about notification of school impacts due to inclement weather:

<https://www.sd61.bc.ca/news-events/inclement-weather-notifications-2/>

TRAVEL REQUIREMENTS – KEY MESSAGING GREATER VICTORIA SCHOOL DISTRICT NO. 61

As the winter break approaches, the District would like to remind families and staff about travel requirements when leaving and returning to the country.

All travellers returning to/entering Canada must follow the testing and quarantine requirements. For all details, including 72 hour or less trips, please visit: www.travel.gc.ca.

There are some exemptions for fully vaccinated travellers who are permitted to enter Canada. We recommend that you review travel requirements prior to travel as advisories or guidelines may evolve.

Students, staff and other adults who are not fully vaccinated and have travelled outside of Canada **CANNOT** attend school for 14 days after arrival, as part of federal requirements. This includes children under 12 who are travelling with their fully vaccinated parents.

Sources:

Government of Canada (2021). COVID-19: Requirements for fully vaccinated travellers and unvaccinated children less than 12 years of age. <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/fully-vaccinated-travellers-without-covid-19-symptoms-returning-canada.html>

BC Center for Disease Control (2021). Self-isolation and Self-monitoring. <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>

We are hosting a free meeting for Parents of Elementary and Primary Schools on Thursday December 9th from 12 pm - 1:30 pm.

The presentation is called **“Beyond Behaviours: When Is It More? ** Karen Peters, Mom, Counsellor and speaker for this series talks about parenting using an analogy of a swimming pool and how some families seem to be struggling and spending more time treading water in the deep end.**

Details: When our kids are having a hard time, or we are seeing something for the first time, we might wonder what's going on? In this video conversation, a parent and counsellor talk about the developmental stages of children, what are typical behaviours, and how do we know when something more might be going on. This conversation is for all families and caregivers who feel like they are parenting in the deep end of the swimming pool or are just wondering what they can do when it feels like more. **Join us for a 40 minute video followed by a group discussion.**

Date & Time: Thursday December 9th, 12:00 pm - 1:30 pm

Register: <http://www.familysmart.ca/events>

Cost: Free

Watch now: Beyond Behaviour What It Looks Like Ages 4 - 8: <https://youtu.be/pilkiOV0VaM>

Also Available for viewing:

When Anxiety Shows up as Anger: <https://youtu.be/Sk7b45uMxn0>

Beyond Behaviour: What It Looks Like Ages 9 -13: https://youtu.be/paAcC1wWl_s

Beyond Behaviour: What It Looks Like Ages 13+: <https://youtu.be/8KPdXLTnw9M>

FamilySmart helps parents of children who are struggling with any kind of mental health issue. We offer one on one support and navigation of helpful resources online or in the community. We are a free service and we do not have a wait list. If you want to set up an appointment email Lisa.Tate@FamilySmart.ca

Take Care

Lisa



Lisa Tate

Parent Peer Support Worker - Victoria,
Sooke, Westshore

250-818-4810 | 1-855-887-8004

www.familysmart.ca



3 Books = 1 Gift

The Challenge Continued



Every week 1000X5 Children's Book Recycling Project donates 600 of your books

Join the hundreds of families who have taken the three book challenge. As we head into the holiday season, many families appreciate a bit of help with gifts. And what can be a better gift than a bag of 3 books for babies and toddlers? Every month 1000X5 pops 2400 books in 800 gift bags. In the last three weeks, hundreds of books have arrived for the weekly Wednesday sorting by 15 dedicated volunteers.

Drop your books for babies and preschoolers off in the pink bin in the office.

Have a wonderful, safe weekend,

Connor McCoy
Principal