## THE QUADRA WEEKLY BRIEFING

Dear Quadra Community,

To start, we would like to wish you all a wonderful long weekend. Please remember that there will be no school tomorrow or on Monday, April 18. Students will be back in classes on Tuesday, April 19<sup>th</sup>. A few dates to keep in mind: Kindergarten and grade 1 hearing screening tests will take place on the April 27<sup>th</sup> and 28<sup>th</sup> and our grade 4/5 track day will take place on April 29<sup>th</sup>. This one you may want to mark in your calendar: class photo day is taking place on Tuesday, May 3<sup>rd</sup>.



#### Apr. 18

- Easter Monday No School
- Apr. 27-28
  - o Kindergarten/Grade 1 hearing screening
- Apr. 29
  - Grade 4/5 Track Day
- May 3
  - Whole class photos

## Please see the following information from our wonderful PAC:

We are seeking volunteers for three events currently. If you are able to assist please reach out to us directly at <a href="mailto:ecological@gmail.com">ecological@gmail.com</a>

- 1. Annual Quadra Village Days Event is happening on Saturday, June 11th 10AM-2PM. This is a free family event where Quadra PAC would have a table to provide information on ongoing programs. If you are able to volunteer for some/all of the event please let us know. Set up is between 9AM-9:30AM.
- 2. We need volunteers for the Quadra distribution from the Victoria Seedling Program. This will be a large delivery of seedlings for families in our community. There is a designated day where everyone would pick them up from the school. This teacher is also wanting some for the classroom garden

beds. Do we have anyone interested in making this happen?

3. We are still looking for 6 parent volunteers (3 per day) on Thursday, April 21, and Friday, April 22 to assist with the school grounds. The delivery is scheduled between 1-2 PM on both days and is estimated to take until 3 or 4 PM to complete the tasks. We would ask that the volunteers arrive at 1PM in case the delivery truck arrives before Mme Clausen can come out for recess, she will be available at 1:15. If you can assist please let the PAC know via email

We have space to send 2 volunteers to the BC PAC Meeting, your conference fee will be covered by our PAC but not travel costs to/from Vancouver. If you are interested in representing us please reach out via email (ecoleguadraschoolpac@gmail.com)

Quadra's Got Talent will be happening online again this year on Friday June 3rd!!

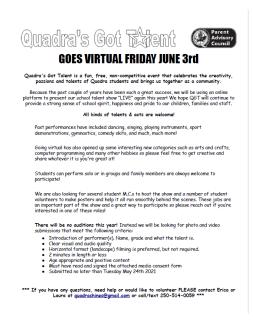
#### WE NEED YOUR TALENTS!!

Remember, going virtual opens up a much wider opportunity to share whatever it is that you're great at! Past performances have included singing, dancing, playing instruments, sports, artwork, magic tricks, comedy skits, science experiments and SO much more!!!

We are also in need of a video MC or two to host the show as well as a number of volunteers who would like to make posters to put up around the school!

Please read the following image for details and send completed media release consent forms and talent photos or videos to Erica or Laura at <a href="mailto:quadrashines@gmail.com">quadrashines@gmail.com</a> no later than **Tuesday May 24th!** 

#### LOOKING FORWARD TO SEEING US SHINE!



## **From Our School District:**



## **April 2022 Snapshot**

### Children's Mental Health Matters

Talking to children about mental health from a young age can help them understand their emotions, become more resilient, reduce stigma about mental illness, and teach them how to look after themselves mentally as well as physically.





The Society for Kids at Tennis (KATS, www.kidsattennis.ca) provides free tennis lessons and equipment to families experiencing financial barriers. Using the "progressive tennis" approach recommended by Tennis Canada, the KATS program uses smaller racquets, smaller courts, lower nets and low

compression balls. This approach helps kids to develop confidence in their ability to hit the ball, learn quickly, and most of all, have fun playing the sport! Kids will be introduced to the fundamental skills which form the foundation for future development. In the event of excessive registration, BGCA may prioritize enrolment to families with lower income.

Tennis (5-8 yrs)

М	April 4 – June 27	4pm – 5pm	8/Free	No class April 18 May 23
М	July 4 – Sept 26	4pm – 5pm	8/Free	No class Sept 5
Tennis (9-13 yrs)				
М	April 4 – June 27	5pm – 6pm	8/Free	No class April 18 May 23
М	July 4 – Sept 26	5pm – 6pm	8/Free	No class Sept 5

Lessons are held on the courts at Banfield Park

# Call the Burnside Gorge Community Centre to register 250 388 5251

Have a safe and wonderful weekend!

Connor McCoy