

THE QUADRA WEEKLY BRIEFING

Dear Quadra Community,

By the time this reaches you, all of our grade fives should have had their transition meetings today. This is an exciting time of year for all our students but maybe just a little more for those leaving us to move on to Middle School. Next week, on May 26th, we will be welcoming a new group of Quadra students and their families to our school during our Welcome to Kindergarten event. We look forward to meeting our new students and getting to know their families. WTK coincides with our zone track meet which also falls on the 26th of May...good luck to all of our Quadra athletes.

Please remember that this Friday, May 20th is a Professional Development day for staff and there will be no school for students. Monday, May 23rd is Victoria Day so no school for students on that day either – enjoy your long weekend!!

Finally, don't forget that the last day for submissions to QGT is next Tuesday, May 24th. Please see the information in the PAC section of the Briefing for detailed instructions as to how to submit your entries.



Upcoming Important dates:

- **May 19**
 - Grade 5 Transition Day
- **May 20**
 - Pro-D – No School
- **May 23**
 - Victoria Day – No School
- **May 30 to June 3**
 - Bike or Roll to School Week
- **May 26**
 - Welcome to Kindergarten Event for New Families
 - Zone track meet at UVIC

- **June 9**
 - Intermediate concert
- **June 16**
 - Primary concert

The Quadra music team is delighted to invite you to our first concert in 2 years! The concerts are called "Music Brings Us Together" and they feature songs from around the world as suggested by Quadra families. On **June 9th at 1:30 pm Grade 2/3, 3/4, and 4/5 classes** will be performing. **Grades 1/2, 1, K/1 and K will be performing at 1:30 pm on June 16th.** Both performances will take place in the Quadra Gym. Hope you to see you there!

Please see the following information from our wonderful PAC:

A few updates from your PAC. If you are able to assist please reach out to us directly at ecolequadrashines@gmail.com

Annual Quadra Village Days Event is happening on Saturday, June 11th 10AM-2PM. This is a free family event where Quadra PAC would have a table to provide information on ongoing programs. If you are able to volunteer for some/all of the events please let us know. Set up is between 9AM-9:30AM.

WE NEED YOUR TALENTS!!

Remember, going virtual opens up a much wider opportunity to share whatever it is that you're great at! Past performances have included singing, dancing, playing instruments, sports, artwork, magic tricks, comedy skits, science experiments and SO much more!!!

We are also in need of a video MC or two to host the show as well as a number of volunteers who would like to make posters to put up around the school!

Please read the following image for details and send completed media release consent forms and talent photos or videos to Erica or Laura at quadrashines@gmail.com no later than **Tuesday May 24th!**

LOOKING FORWARD TO SEEING US SHINE!

Quadra's Got Talent

GOES VIRTUAL FRIDAY JUNE 3rd



Quadra's Got Talent is a fun, free, non-competitive event that celebrates the creativity, passions and talents of Quadra students and brings us together as a community.

Because the past couple of years have been such a great success, we will be using an online platform to present our school talent show "LIVE" again this year! We hope Q&T will continue to provide a strong sense of school spirit, happiness and pride to our children, families and staff.

All kinds of talents & acts are welcome!

Past performances have included dancing, singing, playing instruments, sport demonstrations, gymnastics, comedy skits, and much, much more!

Going virtual has also opened up some interesting new categories such as arts and crafts, computer programming and many other hobbies so please feel free to get creative and share whatever it is you're great at!

Students can perform solo or in groups and family members are always welcome to participate!

We are also looking for several student M.C.s to host the show and a number of student volunteers to make posters and help it all run smoothly behind the scenes. These jobs are an important part of the show and a great way to participate so please reach out if you're interested in one of these roles!

There will be no auditions this year! Instead we will be looking for photo and video submissions that meet the following criteria:

- Introduction of performer(s). Name, grade and what the talent is.
- Clear visual and audio quality
- Horizontal Format (landscape) filming is preferred, but not required.
- 2 minutes in length or less
- Age appropriate and positive content
- Must have read and signed the attached media consent form
- Submitted no later than Tuesday May 24th 2021

*** If you have any questions, need help or would like to volunteer PLEASE contact Erica or Laura at quadrashines@gmail.com or call/text 250-514-0059 ***

Dear Families:

We are delighted to announce an **online presentation on Communication with parenting expert Allison Rees**. This virtual info night will take place on Wednesday May 25th from 7-9pm, and is being sponsored jointly by Quadra and Cloverdale PAC.

Click [here](#) to sign up to be sent the virtual invitation so you can listen in and participate via your phone, ipad, computer or other internet connected device. Space is limited so please sign up in advance so the organizers can effectively manage the number of interested parents.

Here follows a description of the presentation, and a little about Allison Rees:

Effective communication creates an atmosphere of emotional safety for everyone. Anyone working with children should have this course (or something like it) under their belt. Our words are powerful and can have a tremendous positive or negative impact. Listening to children effectively (or to anyone) helps them mature emotionally and to develop empathy. This covers: Listening, Speaking, Resolving Issues and Coaching Techniques. Many power struggles in families can be eliminated by developing these skills.

Allison Rees has been **teaching LIFE Seminars courses since 1993**. Countless parents and professionals attend these popular courses through word of mouth alone. LIFE Seminars have been a staple of family education for over forty years! Allison's articles regularly appear in Parenting Today, and of course Island Parent Magazine with her monthly Cut it Outs. She has co-authored **two books**, Sidestepping the Power Struggle and The Parent Child Connection. Allison has been **featured as the expert** on various television programs and was the co-host of the Island Parent Radio Show for twelve years.

Allison's presentations are **down to earth, honest and to the point**. Lectures are packed with insights, humor and rich interactions with participants. While her subjects are pre-planned, her lectures are not, which is why people don't tire of the material when they repeat the courses. She has **supported**

thousands of families in this community and is rapidly expanding her knowledge to other professionals worldwide.

We hope to see you there!

From Our School District:

District Calendar Approved for 2022-2023 School Year

VICTORIA, BC – The Board of Education and the Ministry of Education have approved the 2022-2023 school year calendar. The calendar highlights school openings, vacation breaks, the last day of classes, and non-instructional days including the National Day for Truth and Reconciliation.

The calendar was developed in collaboration with Sooke (#62) and Saanich (#63) school districts in an effort to align important dates as much as possible. The District also sought public input on the calendar for 30 days prior to finalizing.

2022-2023 School Year Calendar: <https://www.sd61.bc.ca/news-events/calendars/2023-2023-school-calendar/>



May 2022 Snapshot

[Guiding Your Children Through School Transitions](#)

The end of the school year can be an exciting and nervous time for students, especially for those who will be making a major transition into elementary school or middle school. For these students, there are many curiosities and questions about academic difficulty, managing a social life and handling coursework.



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Selkirk Waterfront Festival

FREE FAMILY EVENT



SATURDAY MAY 28th 10am to 5pm
Location: Selkirk Green Park
(near Gorge Rd East & Jutland Rd)

Live Entertainment Featuring:
Soul Shakers • Daniel Cook & the Radiators
Impulse Response • Mufaro Marimba
Isakwagan Traditional Dancers • Kennedy

Enjoy: Family Fun Zone • Bike parking • Beer Garden
International Food court • Artisan Vendors market

More Information: Call 250-388-5251 or visit www.burnsidegorge.ca

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Have a safe and wonderful long weekend!

Connor McCoy