

THE QUADRA WEEKLY BRIEFING

Dear Quadra Community,

After almost 2.5 years since our last musical gathering, it was so wonderful to welcome parents into the school for our Intermediate Concert on Thursday! We had chairs out for 220 parents and there were still folks standing at the back wall. Ms. Pollet and the music department did a fantastic job getting our classes ready for their performances. Having watched the intermediate concert 3 times, I was able to see them get better and better leading into the parent concert. A huge thanks to all in attendance as Music, truly brought us together. We will be having our primary concert next Thursday.

One of the things we spoke to parents about at the concert was our ever growing supply of clothing in our lost and found. We are displaying this mountain of clothing in the gym during both concerts and will place whatever is still here at the front of the school during the final week of classes.

On another note, we are so proud of our students who are choosing to wheel or walk to school. That being said, we are seeing both students and adults riding bikes, skateboards or scooters while on school grounds. If you child/ren ride, scoot or board to school please help us by reminding them to walk their bike/scooter/skateboard once they are on school grounds.



Upcoming Important dates:

- **June 14-16**
 - iRide for Grades 4 and 5
- **June 16**
 - Primary Concert
- **June 17**
 - Grade 5 Fun Day (no parents at this event unless you have already volunteered with one of our 4/5 teachers)
- **June 23**
 - Last day of school for students

- Grade 5 Leaving Celebration (will take place in the gym and grade 5 parents are most welcome – please let your classroom teacher know if you are attending so we may have enough chairs for all)

All Quadra students will be performing for their family and friends live in the Quadra gym this June. The concerts are called, "Music Brings Us Together" and celebrate Quadra students' by singing songs suggested by Quadra families. You are warmly invited to attend! Please save the following date:

- **Grades 1/2, 1, K/1 and K classes will perform Thursday, 1:30 pm, June 16th**

Hope to see you there, The Quadra Music Team

Please see the following information from our wonderful PAC:

Thanks so much to everyone who was able to tune in and watch this year's Quadra's Got Talent show online with us on June 11th!

What an amazing variety of talent we have at our school!!!

In case you missed it or would like to rewatch at any point, here is the link to see it on google drive...

https://drive.google.com/file/d/1LGJ2EuSxJNI0sfyOyM3odHcb_ZBNbaKF/view?usp=drivesdk

(We hope you understand this is only meant to be shared within our school community and close family/friends. No portion should be recorded or shared widely online in any other platform.)

From Our School District:



May 2022 Snapshot

[Guiding Your Children Through School Transitions](#)

The end of the school year can be an exciting and nervous time for students, especially for those who will be making a major transition into elementary school or middle school. For these students, there are many curiosities and questions about academic difficulty, managing a social life and handling coursework.



Boys and Girls Club is offering parenting programs this summer. Check out these 2 programs!

Parents Together (13-19yrs) Sometimes parenting challenges can feel overwhelming. This program for parents of teens provides ongoing support. A manual and materials are provided to participants. Parents may stay in the group as long as they feel they need support and help in their daily parenting. Guest speakers may be invited for specific topics.

Topics include:

- Attachment and relationship-based practices
- Communication and 6 critical messages
- Developmental changes in pre-adolescence
- Adolescent brain development
- Boundaries, and turning over responsibility as appropriate
- Self-care – taking back your life
- Adolescent mental health
- Substance use and teens

Date: Tuesdays, Ongoing & Online - Daytime 12-1:30PM or Evening 6:30-8PM

Cost: Free

Register: parentingprograms@bgcsvi.org

Parenting Without Power Struggles(9-12yrs) Aimed for parents of preteens, this popular 10-12 week program encourages parents to build on their family strengths, gain confidence in parenting an emerging teen, and discover practical ideas on how to prepare for the transition from preteen to teen. Our professionally-facilitated programs offer an opportunity to connect with other parents while learning new skills and knowledge that help parents feel better equipped to parent their preteens

Thursdays, July 7th -Sep 1st

Have a safe and wonderful long weekend!

Connor McCoy