

# THE QUADRA WEEKLY BRIEFING

Dear Quadra Community,

Thank you, Quadra community, for your generous donations to our Change for Ukraine campaign. Together we raised \$1, 316.15! The cheque will be presented to the Canadian Red Cross next week and the money will help resettle Ukrainians in Canada. Thank you again for your generous support!

We have, for your information, our start and end times for next year: Start time will be 8:45 am and the school day will end at 2:37 pm. This schedule will include a 15 minute morning recess, a 45 minute outdoor playtime and a 20 minute learning over lunch block (either before or after the 45 minute outdoor playtime – to be determined by each classroom teacher). Please click on the following link for our tentative school calendar:

In other news, thanks to all staff members who helped out primary students put on a fantastic concert yesterday. Two concerts in two weeks after not having one for 2.5 years is quite a feat to pull off! I would like to send a special note of thanks out to Emily Pollet and Karen Whyte, our fantastic music teachers for all their organization and preparation that led to these successful events.

I would also like to also thank our fantastic 4/5 teaching team for providing our grade 5s with an incredible day of fun events to celebrate their time here at Quadra. The students enjoyed outdoor games, a bouncy obstacle course, a taco truck, and had the opportunity to dunk yours truly.



**Upcoming Important dates:**

- **June 23**

- Last day of school for students
- Report Cards Home
- Grade 5 Leaving Celebration (will take place in the gym and grade 5 parents are most welcome – please let your classroom teacher know if you are attending so we may have enough chairs for all)

**Please see the following information from our wonderful PAC:**

Thanks so much to everyone who was able to tune in and watch this year's Quadra's Got Talent show online with us on June 11th!

What an amazing variety of talent we have at our school!!!

In case you missed it or would like to rewatch at any point, here is the link to see it on google drive...

[https://drive.google.com/file/d/1LGJ2EuSxJNl0sfyOyM3odHcb\\_ZBNbaKF/view?usp=drivesdk](https://drive.google.com/file/d/1LGJ2EuSxJNl0sfyOyM3odHcb_ZBNbaKF/view?usp=drivesdk)

(We hope you understand this is only meant to be shared within our school community and close family/friends. No portion should be recorded or shared widely online in any other platform.)

**From Our School District:**



**May 2022 Snapshot**

**[Guiding Your Children Through School Transitions](#)**

The end of the school year can be an exciting and nervous time for students, especially for those who will be making a major transition into elementary school or middle school. For these students, there are many curiosities and questions about academic difficulty, managing a social life and handling

coursework.



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We just wanted to share with you a fun STEM opportunity for your students. We have a Lego Robotics and Science camps for kids ages 6-9 happening at Burnside Gorge center this Summer. The camps provide kids with lots of learning experiences and we are hoping to generate some more interest in them. Please see the following pdf for more information:

Sincerely,

The Team at LITTLUNIVERSE

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Boys and Girls Club is offering parenting programs this summer. Check out these 2 programs!

**Parents Together (13-19yrs)** Sometimes parenting challenges can feel overwhelming. This program for parents of teens provides ongoing support. A manual and materials are provided to participants. Parents may stay in the group as long as they feel they need support and help in their daily parenting. Guest speakers may be invited for specific topics.

Topics include:

- Attachment and relationship-based practices
- Communication and 6 critical messages
- Developmental changes in pre-adolescence
- Adolescent brain development
- Boundaries, and turning over responsibility as appropriate
- Self-care – taking back your life
- Adolescent mental health
- Substance use and teens

**Date: Tuesdays, Ongoing & Online - Daytime 12-1:30PM or Evening 6:30-8PM**

**Cost: Free**

**Register:** [parentingprograms@bgcsvi.org](mailto:parentingprograms@bgcsvi.org)

**Parenting Without Power Struggles**(9-12yrs) Aimed for parents of preteens, this popular 10-12 week program encourages parents to build on their family strengths, gain confidence in parenting an emerging teen, and discover practical ideas on how to prepare for the transition from preteen to teen. Our professionally-facilitated programs offer an opportunity to connect with other parents while learning new skills and knowledge that help parents feel better equipped to parent their preteens

Thursdays, July 7th -Sep 1st

Have a safe and wonderful long weekend!

Connor McCoy