

The Quadra Weekly Briefing

Dear Quadra Community,

The Capital City Bike Program spent 3 days this week with our grades 4 and 5s, teaching them skills and rules that they will need to be great bike riders here in Victoria. Big thanks to this group for providing our students with essential bike safety rules. In other news, both our spring concerts have come and gone. Our parent community was well represented and both concerts were 'sell outs' as the gym was packed on each occasion! All parents should give themselves a pat on the back for thoroughly supporting our students.

We will be hosting a grade 1 and 2 immunization clinic on Tuesday so if you sent a form back, make sure your kiddo is at school on that day!

Some students will be sent home with a follow up Onesight vision testing report. If your child was not in need of glasses but in need of follow up testing you will receive a back pack letter today so please check your child's bag this afternoon.

It is Fathers' Day this Sunday and I wanted to wish all the special adults in our students' lives a very wonderful weekend.

Please see the PAC section of this Briefing for important Quadra's Got Talent information; QGT airs tonight and you will need the registration link. PAC is also calling for volunteers for our Grade 5 celebration day.

Looking Ahead

- **June 19**
 - FRIMM Bamberton Field Trip
- **June 20**
 - Grade 1 & 2 Immunization Clinic
- **June 23**
 - Grade 5 Celebration
- **June 28**
 - Grade 5 Leaving Ceremony
- **June 29**
 - Last Day of School

News from Our Wonderful PAC

We are seeking parent volunteers for the below noted events. More hands make light work and we appreciate your support.

★ Grade 5 Year End Celebration on June 23
volunteersignup.org/DL4W9

QUADRA'S GOT TALENT IS TONIGHT!!!

Please join us tonight, **Friday June 16th at 6pm** to watch the show "live", via zoom!

Here is the link to register in advance to watch:

https://zoom.us/webinar/register/WN_91TJ_2FJR2Cc5844yNcCuA

Please note: you need to register ahead as this is a "live" event and not a typical zoom meeting. Only the video will be on screen, and you will not be able to see other viewers.

News from Our Community

FamilySmart is offering a free online event to support parents:

Beyond Behaviours: When Is It More? What It Looks Like at Ages 4 to 8:

Why can it feel so tricky to tell if our kids are on track, going through a phase, as opposed to **struggling with something more, or beyond behaviours?** In this video conversation, a parent and counsellor talk about the developmental stages of 4 to 8 year old children.

Speaker: Karen Peters, a mental health therapist who supports children, teens and families

Watch Now: <https://youtu.be/pilkjOV0VaM>

Join one of our online events for viewing the video followed by a discussion with other parents.

Dates and Times:

June 1 - 6:30 pm - 8:00 pm

June 7 - 12:00 pm - 1:30 pm

June 13 - 5:00 pm - 6:30 pm

June 19 - 9:30 am - 11:00 am

June 21 - 6:30 pm - 8:00 pm

Cost: Free of Charge

Registration: www.familysmart.ca/events

Have a wonderful, safe weekend!

Connor McCoy
Principal