

The Quadra Weekly Briefing

- **Dec 5**
 - PAC Meeting
- **Dec 13**
 - K, K/1, 1/2 classes and Strings Winter Concert – 1:30pm
- **Dec 18**
 - Loonie Emporium
- **Dec 21**
 - 2/3, 3/4, 4/5 classes and Choir Winter Concert – 1:30pm
 - Report Cards Available
- **Dec 22**
 - Last day of classes before Winter Break
- **Jan 8**
 - Classes resume after Winter Break
- **Jan 14**
 - PAC Sponsored Bottle Drive
- **Jan 26**
 - Pro-D – no school for students



HEAD LICE AWARENESS

Head lice are common in BC communities. Although they are a bother, head lice are not a health risk.

Head lice spread quickly by close, head-to-head contact. Lice cannot live on furniture or carpet, and they cannot jump or fly. There may be few or no symptoms, but itching may occur.

You can help by:

- Checking your child's head with the wet combing method of detection once a week throughout the year.
 - Review the pamphlet *How to Get Ride of Head Lice Wet Combing*, available online, at your school and [Public Health Unit](#).
- Encouraging your child to wear their hair tied back.
- Treating if you notice live lice on your child's head.
- Reminding family and friends about the importance of routine head checks, using the wet combing method.

For more information:

- Your local [Public Health Unit](#)
- Read the HealthLink BC File on Head Lice [HealthLink BC File #06 Head Lice](#)

Please click on the following link for information from the District of Saanich about future land use:

News from Our Wonderful PAC

Dear Parents of Quadra:

Loonie Emporium: This year's Loonie Emporium will take place on Monday, December 18th!

Students can bring donations to the school on December 14th and 15th. Please consider donating good quality, brand new and/or gently used items such as: toys, ties, jewelry, handbags, scarves, books, gift bags, gift boxes, wrapping paper, or anything else that would be a good gift for family members. Note that there is a printed sheet regarding the Loonie Emporium in each child's agenda with further information. Parent volunteers are also needed to make this event a success. Help with donation collection, weekend set-up, gift wrapping and/or student shopping. Sign up at: www.volunteersignup.org/YHAD4

PAC Advocacy Committee: Below is the same message as last week in case you didn't get a chance to review, noting that we'll need to use a different zoom account for the meeting. Please use:

<https://royalroads.zoom.us/j/5920222498?pwd=TWdiZWkyNnBwbEltYU90TlBsVWpQUT09>

It is with great excitement that we invite parents of Quadra Elementary School, along with interested teachers, education assistants, guidance counselors, school administrators, and school district trustees, to join the Parent Advisory Committee's newly created Advocacy Committee for Inclusion and Supports.

The proposed aim of the Advocacy Committee is:

- to promote the voices of those often underrepresented in our society and our school (including, but not limited to, those who are neurodiverse, have unique learning challenges, have unmet needs at home, are a minority, are first generation Canadian, etc.);
- to provide a safe and brave space for parents and others in the school system to bring forward concerns that may require support from or collaboration with the School Board and the Ministry of Education and Childcare; and
- to foster a greater sense of school community, where diversity is seen as a strength and is supported by the necessary supports in the classroom.

This invitation stems from a presentation given to School Board 61 Trustees in April 2023, by Mrs. Read, a kindergarten teacher at Quadra Elementary School, which highlighted very significant and unaddressed issues within our children's classrooms. The presentation, titled Supporting Inclusion in Kindergarten in School District 61's Most Vulnerable Schools, is available at minute 25, [here](#).

This presentation, along with similar issues that have occurred during the 2023/24 school year, have resulted in the Quadra Parent Advisory Committee creating the new Advocacy Committee, supported by the new role of Advocacy Coordinator, efforts which have already generated an

overwhelming response from the broader Quadra Elementary School community – with numerous parents and others in the school system reaching out to lend their voice and their support.

We invite you to join us for the first meeting of the Quadra Elementary School Advocacy Committee on Inclusion and Supports, to be held at virtually at 7:00 p.m. on December 5th, at the following link:

<https://royalroads.zoom.us/j/5920222498?pwd=TWdiZWkyNnBwbEltYU90TlBsVWpQUT09>

If you would like to be involved, but are unable to attend the meeting, please do reach out at hhachigian@gmail.com and/or braden.te.hutchins@gmail.com.

Kind Regards,

Heather Hachigian, Quadra Elementary School PAC Advocacy Coordinator

On behalf of the Quadra PAC

News from Our Community

FamilySmart's online parent education for December: **ADHD - The Real Deal:** Join us in watching a video by Dr. Duncan, who will dispel the many myths surrounding ADHD by presenting up to date scientific facts about cause, prevalence, diagnosis and treatment. He will explain how and why the ADHD brain works the way it does.

Speaker: Dr. Don Duncan, Child and Adolescent Psychiatrist

Time and Dates:

Tuesday December 5th, 6:30 pm - 8:00 pm

Wednesday December 6th, 6:00 pm - 7:30 pm

Thursday December 7th, 12:00 pm - 1:30 pm

Tuesday December 12th, 6:30 pm - 8:00 pm

Thursday December 14th, 6:00 pm - 7:30 pm

RSVP: <https://familysmart.ca/monthly-events/>

Watch now: <https://youtu.be/A9Vpmh7iHbc>

Wishing you and your families a wonderful weekend!