The Quadra Weekly Briefing

Looking Ahead

- January 13-17
 - French Immersion kindergarten registration
- January 15
 - 3/4 classes skating field trip
 - PAC meeting 7pm in Quadra library
- January 24
 - \circ Pro-D no school for students
- January 27-31
 - o English kindergarten registration
- January 31
 - 4/5 classes swimming field trip
- February 10-13
 - $\circ \quad \text{SD61 Student Transfer Week}$
- February 14
 - Pro-D no school for students
- February 17
 - Family Day school closed
- March 15-30
 - Spring Break school closed

Please click on the following link for information about our upcoming kindergarten registration:

https://www.sd61.bc.ca/registration/kindergarten-registration/

ERASE - Expect Respect and a Safe Education (Safer Schools Together) is offering Complimentary Family Sessions designed to support families and caregivers in navigating the digital world.

Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up as a way to facilitate the conversation of safe and caring use of technology at home and in the community. **Families will learn:**

- The most prominent concerns currently surrounding use of social media platforms, smartphones, and artificial intelligence
- Digital media habits, oversharing, and digital addiction
- The permanence of online posts/activity
- The significance of your digital tattoo in how others perceive you (e.g., sports teams, college admissions, and potential employers)

- The importance of caring for peers both online and offline
- Geo-locational settings and the dangers of social media and cell phone misuse
- The social and legal consequences of cyberbullying behaviour as well as possession and distribution of intimate images (sexting and sextortion)
- An anonymous student reporting tool that can help you and your friends stay safe both online and offline

Register for a free 60-minute remote session: <u>https://pages.saferschoolstogether.com/erase-family-session?utm_campaign=January2025CounsellorNewsletter&utm_medium=email&utm_source=</u>

From Our Wonderful PAC

Hello Quadra Families,

Welcome back and a few important reminders

1. Our January PAC meeting is next week, January 15, at 7pm in the Quadra library. We hope to see you there.

2. We are still seeking an English Co-Chair for the remainder of the year, if you would like to join our executive team or have questions please reach out to us at <u>connect@quadrapac.net</u>.

3. Our next bottle drive is happening Sunday January 19 10am-2pm. We are urgently seeking volunteers to support this drive. If you can do please sign up here: <u>https://volunteersignup.org/P74PY</u>

4. Stay tuned for our upcoming ticket sales for the Victoria Royals, our team is working out the details for a fun Quadra event.