



October 16, 2025

L'ÉCOLE QUADRA SCHOOL

Update

Coming up:

Thursday, October 23— PAC (Parent Advisory Council) Meeting 7pm in the library

Friday, October 24—no school Professional Development Day

Monday, October 27—Cross Country Finals 3:45 (UVIC corner)

Thursday, October 30—Soccer Jamboree

Friday, October 31—Halloween (see next page for more information)

Sunday, November 2—Daylight Savings Time Ends (clocks go back one hour)

Tuesday, November 4—Photo retakes

Wednesday, November 5—Parent / Teacher Conferences

Thursday, November 6—Early Dismissal 11:50 Parent / Teacher Conferences

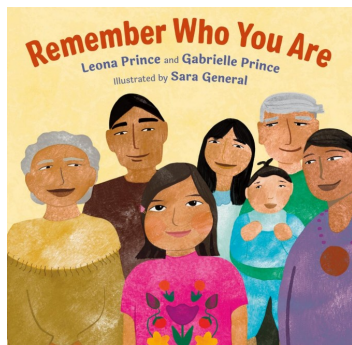
Monday, November 10—Remembrance Day Assembly

Monday, November 11—no school (Remembrance Day)

Friday, November 21—no school Professional Development Day

Remember Who You Are

Our school has been reading *Remember Who You Are* by Leona Prince, a beautiful story that reminds us that each of us was born to be exactly who we are. Every child in our school is creating a paper doll version of themselves to celebrate their uniqueness and the special gifts they bring to our community with Ms Abbott in the library. Together, these paper dolls will fill our front foyer—a reminder that while we are each unique, we are also all part of our larger community.



Halloween

Students at Quadra can wear costumes on Friday, October 31 for Halloween. Below are things to remember when dressing up at school:

- Make it fun; not scary and remembering that cultures are not costumes
- Something comfortable as your child needs to be able to move freely to participate in all school activities
- No Halloween masks
- No weapons (axes, swords, knives, guns, sticks, etc...)
- Nothing fragile that could potentially break or be lost easily

[Halloween safety tips for parents from the Canadian Red Cross](#)



Terry Fox Run

L'École Quadra School raised over \$1400 dollars for the Terry Fox Foundation during our Terry Fox run. Our students enjoyed running on the morning of September 26. Thank you to everyone for making this event a success!

Clothing for Wet and Cold Weather

It is getting chilly outside! Students go outside for morning and lunch recess most days. Please make sure your child is dressed for west-coast weather with waterproof coat and warm, dry footwear.

Parking at Pick up and Drop off

Pick up and drop off times are busy at Quadra! Please help us by not parking and leaving your vehicle in the front pull through or our 5th street drop off/pick up area and staff parking lot on Finlayson. This will help keep traffic moving in these areas. Please also be mindful of our neighbours and keep driveways clear on nearby residential streets. Thank you for supporting us with this.

Parent / Teacher Conferences

Parent teacher conferences will be held on **Wednesday, November 5 and Thursday, November 6**. Students will be **dismissed at 11:50 am on Thursday, November 6**. An email with information and an online booking link will be sent out next week.



Poppies for Remembrance Day

On **November 10**, students will receive poppies as we take time to reflect and remember. The annual **Remembrance Day Poppy Campaign** is run by local Legion branches to support Veterans and their families within the community and to help ensure we *never forget*. Families who wish to contribute may make an **online donation** directly to the Poppy Campaign <https://www.legion.ca/donations>.

Bringing food to share in classrooms

Food has a wonderful way of bringing people together and building community in our classrooms and we also need to be mindful of the dietary needs, allergies, and sensitivities within our school community.

To ensure safety and inclusivity, we ask families to only bring food to share with classmates when requested by your child's teacher. Teachers are aware of the unique needs of their students and carefully organize any food-related activities to ensure everyone can participate in class celebrations and activities.

We also ask that students only share food during teacher-organized events. This helps us create a safe and welcoming environment for all.

Thank you for your understanding and cooperation.