October 22, 2026

L'ÉCOLE QUADRA SCHOOL

Update

Coming up:

Friday, October 23 - No School - Professional Development Day

Monday, October 26 - Cross Country Team Finals (Grade 3, 4, 5)

Cedar Hill Corner (Cadboro Bay Rd) 3:45

Wednesday, November 4 - Parent-Teacher Conferences

Thursday, November 5 - 11:50 Dismissal

Parent-Teacher Conferences

Friday, November 6 - Photo Retakes

Let's Get Visible Day

Tuesday, November 10 - Remembrance Day Assemblies

Wednesday, November 11 - Remembrance Day - No School

Friday, November 27 - No School - Professional Development Day

Halloween

Students at Quadra can wear costumes on Friday, October 30 for Halloween. Below are things to remember when dressing up at school:

- Make it fun; not scary and remembering that cultures are not costumes
- Something comfortable as your child needs to be able to move freely to participate in all school activities
- No Halloween masks
- No weapons (axes, swords, knives, guns, sticks, etc...)
- Nothing fragile that could potentially break or be lost easily

Halloween safety tips for parents from the Canadian Red Cross



Clothing for Wet and Cold Weather



It is starting to get chilly outside! Students go outside for morning and lunch recess most days. Please make sure your child is dressed for westcoast weather with waterproof coat and warm, dry footwear.

Parent / Teacher Conferences

Parent-teacher conferences will be held on **Wednesday, November 4 and Thursday, November 5. Students will be dismissed at 11:50 am on Thursday, November 5.** Please refer to the email with information and online booking links sent on Wednesday, October 21.

Poppies for Remembrance Day



On November 10, students will receive poppies as we take time to reflect and remember. The annual Remembrance Day Poppy Campaign is run by local Legion branches to support Veterans and their families within the community and to help ensure we never forget. Families who wish to contribute may donate online directly to the Poppy Campaign: https://www.legion.ca/donations.

Bringing food to share in classrooms

Food has a wonderful way of bringing people together and building community in our classrooms and we also need to be mindful of the dietary needs, allergies, and sensitivities within our school community.

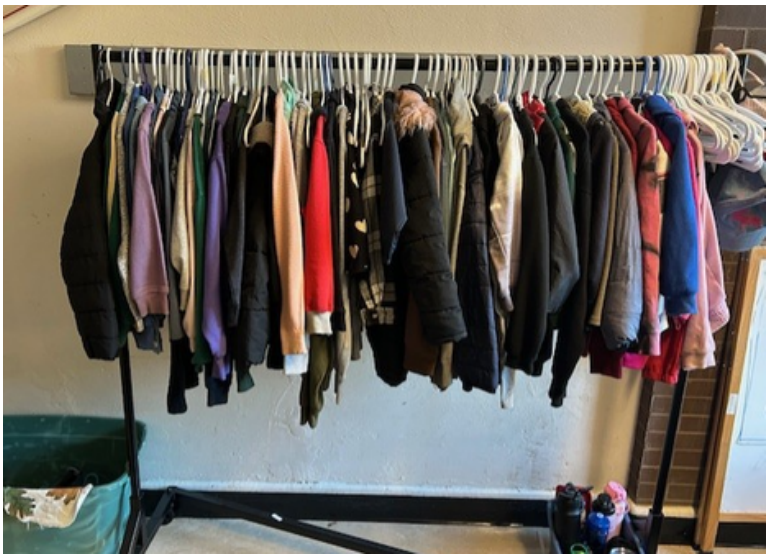
To ensure safety and inclusivity, we ask families to only bring food to share with classmates when requested by your child's teacher. Teachers are aware of the unique needs of their students and carefully organize any foodrelated activities to ensure everyone can participate in class celebrations and activities.

We also ask that students only share food during teacherorganized events. This helps us create a safe and welcoming environment for all.

Thank you for your understanding and cooperation.

Lost and Found

Do you recognize any of these items? Our lost and found is located near Door C.



Message from our PAC (Parent Advisory Council)

Community Values Coupon Book Fundraiser

The coupon books were sent home with students this week. If your child did not receive a package, but you would still like to purchase one, please reach out to us at connect@quadrapac.net.
Please provide payment for the coupon books via cash or e-transfer OR return the coupon books to the office or your child's teacher by Friday, October 30th.
Thank you for supporting this fundraiser and helping our school community!

Halloween Dance

PAC will be hosting a Halloween Dance in the school gym on Friday, October 30th. Come and enjoy a fun evening of music, dancing and Halloween spirit.
This event is open to all grades this year. Costumes are welcome but not required.
Grades K – 2 dance is from 5-6pm
Grades 3 – 5 dance is from 6:30 – 8pm
This is a free event for all students but we request that you RSVP using the link below to help us plan. Students need to come with an adult.
https://docs.google.com/forms/d/e/1FAIpQLSfCiW1KOTjyFQ4TAFFXdIbz8SOC7RUXAU1R_7cl7NEROar-8g/viewform?usp=publish-editor

Seeking Volunteers for Halloween Dance

We are looking for parent volunteers to help make the Halloween Dance a success. Whether you can spare an hour or two, your help will be greatly appreciated and will ensure the evening runs smoothly.
If you are available to volunteer, please sign up for a shift using the link below.
https://volunteersignup.org/8M4DF

Message from our PAC (Parent Advisory Council) continued...

Quadra School Spirit Wear

Quadra School Spirit Wear is now available!
Our official spirit wear store is open until November 8th. Check out our great collection of hoodies, sweatpants and hats for purchase online at store.passionsports.ca/QESES.
PAC has a small bursary available to support the purchase of spirit wear should you need assistance. Please email connect@quadrapac.net if you would like more information regarding this.

VCPAC hosted event: Belonging, Inclusion & Safety

Join VCPAC for an important community conversation about fostering belonging, inclusion, and safety in our schools. The event is taking place on October 29th from 7 to 8:30pm at Spectrum High School Theatre.

This is an opportunity for families to connect, share experiences, and help shape a school community where every student and family feels welcomed, respected, and supported.

Registration is free. You can sign up at the link below:
https://forms.gle/WWfrkT6b86a1UGmv9

You are also invited to complete this survey on belonging, inclusion and safety in schools:
https://forms.gle/UpfheSieXSaJ915A7

PAC Meeting Minutes

Thank you to everyone who attended our PAC meeting last week. The meeting minutes can be accessed here:

https://docs.google.com/document/d/1czCW8PpskvDo1mbs8PaKKRfVWJXXpR6H/edit?usp=sharing&ouid=113566886136083291210&rtpof=true&sd=true

Message from VCPAC - Parent Event

